

## Ras Gŵyl Dewi 2020

### 10k

Sunday 08 March 2020. 12:00 pm

### Provisional Results for All Competitors in finish order.

Pos	Time	Name	Club	Cat	Race	
					No	K/split
1	0:35:46	TRIGGS, Daniel	Neath Harriet	OM	59	03:35
2	0:37:23	ROBERTS, Eirwyn	Sarn Helen	OM	90	03:44
3	0:37:37	WHITHEAD, Mark	Aberystwyth	V40M	62	03:46
4	0:38:32	PRICE, Glyn	Sarn Helen	V50M	83	03:51
5	0:39:59	WILLIAMS, Paul	Aberystwyth	V50M	54	04:00
6	0:41:26	DAVIES, Michael	Sarn Helen	V50M	65	04:09
7	0:42:32	MARSH, Andre	Intrtri	V50M	91	04:15
8	0:42:41	JOLLY, Dee	Sarn Helen	OF	66	04:16
9	0:43:34	SIDNELL, Damian	Aberystwyth	V50M	72	04:21
10	0:43:35	CORLETT, Holly	CDF Runners	OF	69	04:22
11	0:46:06	EVANS, Eilir	Sarn Helen	V40M	79	04:37
12	0:46:07	COLLINWOOD, Caro	Aberystwyth	OF	73	04:37
13	0:47:20	FINDLAY, Fabi		OF	63	04:44
14	0:47:53	HUXTABLE, Lynwen	Aberystwyth	V45F	57	04:47
15	0:48:06	LAUGHTON, Chris	Cerist Triathlc	V50M	82	04:49
16	0:48:37	HOLMES, Steven	Sarn Helen	V40M	70	04:52
17	0:49:03	HOPKINS, Mel	Aberystwyth	V50M	58	04:54
18	0:49:16	TAYLOR, Michael	Sarn Helen	V60M	87	04:56
19	0:50:19	HALL, Tony	Sarn Helen	V60M	67	05:02
20	0:52:47	CREUNANT, Deian	Aberystwyth	V50M	81	05:17
21	0:55:14	POPE, Cameron	Aberystwyth	V60M	53	05:31
22	0:59:22	BUTLER, Jane		V45F	80	05:56
23	1:02:40	BEDDOWES, Lucy		OF	77	06:16
24	1:03:02	PENN, Graham	Sarn Helen	V60M	61	06:18
25	1:03:36	BOSWELL, Rebecca	Sarn Helen	V45F	84	06:22
26	1:03:45	EVANS, Carol		V55F	85	06:22
27	1:03:51	MORRIS, Kay		V45F	56	06:23
28	1:03:52	DENTON, Aline		V45F	55	06:23
29	1:04:16	OAKES, Vikki		OF	86	06:26
30	1:05:44	STODDART, Rachel	Sarn Helen	V35F	74	06:34
31	1:05:44	HOLMES, Jane	Sarn Helen	V45F	71	06:34
32	1:10:42	BEDDOWES, Paul		V60M	78	07:04
33	1:13:43	PENN, Katharine		V45F	60	07:22
34	1:16:10	BEDDOWES, Catherine		V45F	75	07:37
35	1:16:12	MORSE, Karen		V55F	76	07:37
		DNS LLOYD-DAVIES, Emma		V35F	51	
		DNS JONES, Matthew	Brecon	OM	52	